

# 3D Frame Element (12×12) — Derivation, Equivalent Nodal Loads, and Validation

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**Scope.** This document provides a derivation of the standard Euler-Bernoulli 3D frame element stiffness matrix (12×12) with 6 DOF per node, a consistent (equivalent) nodal load derivation for common distributed and point loads, and a set of validation benchmarks.

**Assumptions.** Small strains/displacements, linear elastic material behavior, prismatic member properties within an element, Euler-Bernoulli bending (shear deformation neglected), Saint-Venant torsion, and no warping DOF.

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## 1. Degrees of Freedom, Sign Conventions, and Local Axes

Each frame element connects node i (end 1) to node j (end 2) and is defined in a right-handed local coordinate system (x, y, z) with x along the element from i to j. At each node there are 6 degrees of freedom (DOF):

Node DOF order (per node): [ u v w rx ry rz ]

u = translation along local x (axial)

v = translation along local y

w = translation along local z

rx = rotation about local x (torsion)

ry = rotation about local y (bending in x-z plane)

rz = rotation about local z (bending in x-y plane)

Element displacement vector in local coordinates:

$$d\_local = [u1 \ v1 \ w1 \ rx1 \ ry1 \ rz1 \ u2 \ v2 \ w2 \ rx2 \ ry2 \ rz2]^T$$

Internal force resultants at each end are collected as:

$$f\_local = [Fx1 \ Fy1 \ Fz1 \ Mx1 \ My1 \ Mz1 \ Fx2 \ Fy2 \ Fz2 \ Mx2 \ My2 \ Mz2]^T$$

Positive shear forces and bending moments follow the usual beam sign convention consistent with the above DOF ordering.

## 2. Element Kinematics and Energy Decomposition

For an Euler-Bernoulli prismatic member, the strain energy decomposes into independent contributions from axial, torsion, and two orthogonal bending directions (about y and about z). This separability is what allows the 12×12 stiffness matrix to be assembled from four standard sub-problems.

Axial (bar) contribution:

$$U\_axial = \int_0^L (1/2) * (EA) * (du/dx)^2 dx$$

Torsion contribution:

$$U\_torsion = \int_0^L (1/2) * (GJ) * (drx/dx)^2 dx$$

Bending contributions (Euler-Bernoulli):

$$U\_bend\_z (v, rz) = \int_0^L (1/2) * (EIz) * (d^2 v/dx^2)^2 dx$$

$$U\_bend\_y (w, ry) = \int_0^L (1/2) * (EIy) * (d^2 w/dx^2)^2 dx$$

Total strain energy:  $U = U\_axial + U\_torsion + U\_bend\_y + U\_bend\_z$ . The element stiffness follows from the quadratic form  $U = (1/2) d\_local^T K\_local d\_local$ .

## 3. Derivation of the Local 12×12 Frame Element Stiffness Matrix

Define element length L, axial rigidity EA, torsional rigidity GJ, and bending rigidities EIy and EIz (about local y and z respectively).

### 3.1 Axial and torsion submatrices

Using linear interpolation for  $u(x)$  and  $rx(x)$ , the standard 2-node bar and torsion stiffness are:

$$k_{\text{axial}} = (EA/L) * \begin{bmatrix} 1, & -1 \\ -1, & 1 \end{bmatrix}$$

$$k_{\text{tors}} = (GJ/L) * \begin{bmatrix} 1, & -1 \\ -1, & 1 \end{bmatrix}$$

These map directly into the  $u$  and  $rx$  DOF locations of the  $12 \times 12$  matrix.

### 3.2 Bending submatrices (Hermite cubic interpolation)

For bending about  $z$  ( $v, rz$ ) and about  $y$  ( $w, ry$ ), use Hermite cubic shape functions. The resulting  $4 \times 4$  Euler-Bernoulli beam stiffness in a single bending plane is:

$$k_{\text{bend}}(EI) = (EI/L^3) * \begin{bmatrix} 12, & 6L, & -12, & 6L \\ 6L, & 4L^2, & -6L, & 2L^2 \\ -12, & -6L, & 12, & -6L \\ 6L, & 2L^2, & -6L, & 4L^2 \end{bmatrix}$$

For bending about  $z$ : use  $EI = EI_z$  with DOF order  $[v_1, rz_1, v_2, rz_2]$ . For bending about  $y$ : use  $EI = EI_y$  with DOF order  $[w_1, ry_1, w_2, ry_2]$ .

### 3.3 Full $12 \times 12$ local stiffness assembly

With DOF order  $[u \ v \ w \ rx \ ry \ rz]$  at each node,  $K_{\text{local}}$  is block-partitioned as:

$$K_{\text{local}} = \begin{bmatrix} [K_{11}, & K_{12}] \\ [K_{21}, & K_{22}] \end{bmatrix}$$

where each  $K_{pq}$  is  $6 \times 6$  and  $K_{21} = K_{12}^T$ ,  $K_{22} = K_{11}$  (for prismatic members).

A convenient explicit form is shown below. Zero entries are omitted for readability; all unspecified terms are zero.

$$\text{Let } a = EA/L, \quad t = GJ/L,$$

$$by = EI_y/L^3, \quad bz = EI_z/L^3.$$

$K_{11}$  ( $6 \times 6$  at node 1 wrt node 1):

$$\begin{bmatrix} a, & 0, & 0, & 0, & 0, & 0 \\ 0, & 12bz, & 0, & 0, & 0, & 6L*bz \\ 0, & 0, & 12by, & 0, & -6L*by, & 0 \\ 0, & 0, & 0, & t, & 0, & 0 \\ 0, & 0, & -6L*by, & 0, & 4L^2*by, & 0 \\ 0, & 6L*bz, & 0, & 0, & 0, & 4L^2*bz \end{bmatrix}$$

$K_{12}$  ( $6 \times 6$  coupling node 1 wrt node 2):

$$\begin{bmatrix} -a, & 0, & 0, & 0, & 0, & 0 \\ 0, & -12bz, & 0, & 0, & 0, & 6L*bz \\ 0, & 0, & -12by, & 0, & -6L*by, & 0 \\ 0, & 0, & 0, & -t, & 0, & 0 \\ 0, & 0, & 6L*by, & 0, & 2L^2*by, & 0 \\ 0, & -6L*bz, & 0, & 0, & 0, & 2L^2*bz \end{bmatrix}$$

Then  $K_{21} = K_{12}^T$  and  $K_{22}$  equals  $K_{11}$  except for sign changes in the off-diagonal bending coupling terms consistent with the standard  $4 \times 4$  beam stiffness in each plane. If you prefer an explicit  $12 \times 12$  listing, see Appendix A.

## Appendix A — Explicit 12×12 Local Stiffness Matrix

The following explicit 12×12 matrix uses the same abbreviations a, t, by, bz above. Rows/cols follow  $d_{local} = [u1\ v1\ w1\ rx1\ ry1\ rz1\ u2\ v2\ w2\ rx2\ ry2\ rz2]^T$ .

```
K_local =
[ a,    0,    0,    0,    0,    0,    -a,    0,    0,    0,    0,    0 ]
[ 0, 12bz,  0,    0,    0, 6L*bz,  0, -12bz,  0,    0,    0, 6L*bz ]
[ 0,    0, 12by,  0, -6L*by,  0,    0,    0, -12by,  0, -6L*by,  0 ]
[ 0,    0,  0,    t,    0,    0,    0,    0,    0, -t,    0,    0 ]
[ 0,    0, -6L*by,  0, 4L^2*by,  0,    0,    0, 6L*by,  0, 2L^2*by,  0 ]
[ 0, 6L*bz,  0,    0,    0, 4L^2*bz,  0, -6L*bz,  0,    0,    0, 2L^2*bz ]
[ -a,  0,    0,    0,    0,    0,    a,    0,    0,    0,    0,    0 ]
[ 0, -12bz,  0,    0,    0, -6L*bz,  0, 12bz,  0,    0,    0, -6L*bz ]
[ 0,    0, -12by,  0, 6L*by,  0,    0,    0, 12by,  0, 6L*by,  0 ]
[ 0,    0,  0, -t,    0,    0,    0,    0,    0,    t,    0,    0 ]
[ 0,    0, -6L*by,  0, 2L^2*by,  0,    0,    0, 6L*by,  0, 4L^2*by,  0 ]
[ 0, 6L*bz,  0,    0,    0, 2L^2*bz,  0, -6L*bz,  0,    0,    0, 4L^2*bz ]
```

## 4. Local-to-Global Transformation

Let  $R$  be the  $3 \times 3$  direction cosine matrix mapping local axes to global axes. For a member with global end coordinates  $X_i, X_j$ , define the unit vector  $e_x = (X_j - X_i)/L$ . Choose local  $e_y, e_z$  to complete a right-handed triad (e.g., using a global reference vector and Gram-Schmidt). Then:

$$R = [e_x^T; e_y^T; e_z^T] \quad (\text{rows are local basis vectors expressed in global coords})$$

The  $12 \times 12$  transformation for a 3D frame element is block-diagonal in the sense that translations and rotations transform with the same  $3 \times 3$   $R$ :

$$T = \text{diag}(R, R, R, R) \quad (\text{four } 3 \times 3 \text{ blocks})$$

$$d_{\text{local}} = T * d_{\text{global}}$$

$$f_{\text{global}} = T^T * f_{\text{local}}$$

$$K_{\text{global\_elem}} = T^T * K_{\text{local}} * T$$

Implementation note: if your global DOF order differs (e.g.,  $[u_x \ u_y \ u_z \ r_x \ r_y \ r_z]$  per node), then  $T$  is assembled to match your exact DOF ordering.

## 5. Consistent (Equivalent) Nodal Load Vector Derivations

For an element load distribution  $p(x)$ , the consistent nodal load vector is obtained from the virtual work statement:

$$\begin{aligned} \delta W_{\text{ext}} &= \int_{\theta}^L \delta u(x)^T p(x) dx = \delta d_{\text{local}}^T f_{\text{eq}} \\ \Rightarrow f_{\text{eq}} &= \int_{\theta}^L N(x)^T p(x) dx \end{aligned}$$

where  $N(x)$  collects the appropriate shape functions for the DOF participating in the load (linear for axial/torsion, Hermite for bending). Below are closed-form results used most often in frame analysis.

### 5.1 Uniform distributed load in local $y$ : $q_y$ (force/length)

Load acts along  $+y$ , produces shear forces  $F_y$  and bending moments about local  $z$  ( $M_z$ ) via the  $(v, r_z)$  bending plane.

Equivalent nodal forces/moments (local):

$$F_{y1} = q_y * L / 2$$

$$F_{y2} = q_y * L / 2$$

$$M_{z1} = q_y * L^2 / 12$$

$$M_{z2} = -q_y * L^2 / 12$$

All other components = 0

$$f_{\text{eq}_y} = [0 \ F_{y1} \ 0 \ 0 \ 0 \ M_{z1} \ 0 \ F_{y2} \ 0 \ 0 \ 0 \ M_{z2}]^T$$

### 5.2 Uniform distributed load in local $z$ : $q_z$ (force/length)

Load acts along  $+z$ , produces shear forces  $F_z$  and bending moments about local  $y$  ( $M_y$ ) via the  $(w, r_y)$  bending plane.

Equivalent nodal forces/moments (local):

$$F_{z1} = q_z * L / 2$$

$$F_{z2} = q_z * L / 2$$

$$M_{y1} = -q_z * L^2 / 12$$

$$M_{y2} = q_z * L^2 / 12$$

All other components = 0

$$f_{\text{eq}_z} = [0 \ 0 \ F_{z1} \ 0 \ M_{y1} \ 0 \ 0 \ 0 \ F_{z2} \ 0 \ M_{y2} \ 0]^T$$

### 5.3 Uniform axial load in local x: $q_x$ (force/length)

$$F_{x1} = q_x * L / 2$$

$$F_{x2} = q_x * L / 2$$

$$f_{eq\_x} = [F_{x1} \ 0 \ 0 \ 0 \ 0 \ 0 \ F_{x2} \ 0 \ 0 \ 0 \ 0 \ 0]^T$$

### 5.4 Concentrated transverse load $P$ at distance $a$ from node 1 ( $0 \leq a \leq L$ )

For point loads, consistent nodal loads are obtained by evaluating the shape functions at  $x=a$  and distributing the load to the nodal DOF. For bending in the  $(v, rz)$  plane (load along local  $y$ ), using Hermite functions:

Let  $\xi = a/L$ .

Hermite shape functions for  $v(x)$ :

$$N_1 = 1 - 3\xi^2 + 2\xi^3$$

$$N_2 = L(\xi - 2\xi^2 + \xi^3)$$

$$N_3 = 3\xi^2 - 2\xi^3$$

$$N_4 = L(-\xi^2 + \xi^3)$$

For a point load  $P$  along  $+y$  at  $x=a$ :

$$F_{y1} += P * N_1$$

$$M_{z1} += P * N_2$$

$$F_{y2} += P * N_3$$

$$M_{z2} += P * N_4$$

(signs follow the same convention as Section 1)

Analogous expressions apply for a point load along local  $z$  acting in the  $(w, ry)$  plane by replacing  $(F_y, M_z)$  with  $(F_z, -M_y)$  consistent with Section 5.2.

### 5.5 Distributed load varying linearly (triangular) — closed form

For  $q_y(x) = q_1 + (q_2 - q_1) x/L$ , the consistent nodal load vector remains  $f_{eq} = \int N^T q_y dx$  with Hermite  $N$ . XL4Sim can either (a) implement the closed form, or (b) evaluate the integral with 2-point Gauss quadrature (exact for up to cubic integrands). For robustness and extensibility, Gauss quadrature is recommended.

## 6. Validation and Benchmark Cases

These cases are intended for validation examples. All results assume Euler-Bernoulli behavior and small deflections.

### 6.1 Axial bar test

Single element, length  $L$ , area  $A$ , modulus  $E$ . Node 1 fixed in axial direction ( $u_1=0$ ). Apply axial force  $P$  at node 2 in  $+x$ .

Expected axial displacement at node 2:

$$u_2 = P \cdot L / (E \cdot A)$$

Internal axial force is constant:  $N(x) = P$

### 6.2 Torsion test

Single element, torsion constant  $J$ , shear modulus  $G$ . Fix  $rx_1=0$ . Apply torque  $T$  at node 2 about  $+x$ .

Expected twist at node 2:

$$rx_2 = T \cdot L / (G \cdot J)$$

Internal torque is constant:  $M_x(x) = T$

### 6.3 Cantilever tip load (bending about z)

Cantilever along  $x$ , node 1 fixed, node 2 free. Apply transverse point load  $P$  at node 2 along  $+y$ .

Expected tip deflection and rotation (Euler-Bernoulli):

$$v_2 = P \cdot L^3 / (3 \cdot E \cdot I_z)$$

$$rz_2 = P \cdot L^2 / (2 \cdot E \cdot I_z)$$

Tip moment:  $M_z(\theta) = P \cdot L$

### 6.4 Simply supported beam with uniform load (bending about z)

Pinned-pinned support in the  $(v, rz)$  plane:  $v_1=v_2=0$ , rotations free. Uniform load  $q_y$  along  $+y$  over full span.

Expected maximum deflection at midspan:

$$v_{\max} = 5 \cdot q_y \cdot L^4 / (384 \cdot E \cdot I_z)$$

End moments should be  $\sim 0$  for ideal pins (numerically small).

### 6.5 3D portal frame lateral stiffness (sanity check)

Two columns (height  $H$ ) and a rigid beam (span  $B$ ) forming a rectangular portal frame in the global  $X$ - $Y$  plane. Fix both base nodes. Apply lateral force  $P$  at the top-left node in global  $+X$ . Compare to a fine-mesh reference (e.g., subdivide each member into 10+ elements) and verify convergence with mesh refinement.

This benchmark checks (a) transformation correctness, (b) assembly, and (c) bending coupling in global coordinates.

### 6.6 Energy check (general)

For any solved linear model: verify that external work equals strain energy at equilibrium:

$$U = (1/2) \mathbf{d}^T \mathbf{K} \mathbf{d}$$

$$W = (1/2) \mathbf{d}^T \mathbf{F}$$

Expected:  $U \approx W$  (within numerical tolerance)

## 7. Implementation Notes for XL4Sim

Recommended engineering checks to prevent common failure modes:

- Validate element length  $L > 0$  and that the local axis construction does not degenerate (choose a robust reference vector).
- Check  $K_{\text{global}}$  symmetry after transformation/assembly ( $\max|K - K^T|$  small).
- Detect unconstrained rigid body modes:  $\text{rank}(K_{\text{reduced}})$  should match the number of free DOF; otherwise report a clear message.
- For moment releases/hinges, apply DOF condensation or modify the element stiffness in local coordinates before transformation.
- Use consistent units throughout (E, G, A, I<sub>y</sub>, I<sub>z</sub>, J, loads). Provide a units cheat sheet in the UI.

## 8. References

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